



Northwest Hockey League Balanced Ice Time Policy

2009-10 Season

The following form is designed to inform all coaches of the changes made to the Balanced Ice Time (BIT) policy. Please review the information and sign below. All coaches will be required to follow BIT policies at all times.

1. There will be 4 defined points for BIT.
 - a. No power play lines
 - b. No penalty kill lines
 - c. Even line rotation though out the entire game.
 - d. BIT for goalies will be based on alternating full games, alternating periods or equal periods per number of goalies.
 - e. Player receiving 3 penalties during a game should be sat to avoid the possibility of the 5 penalty rule.

2. Enforcement of BIT. If after a formal investigation, the B & B Committee determines that there was a violation of BIT the following suspensions will be issued to the head coach.
 - a. 1st offense ó 2 games
 - b. 2nd offense ó 4 games
 - c. 3rd offense ó remainder of the season including the NWHL tournament.

All coaches will sign a BIT Compliance form at the September coaches meeting. Full information on the person filing the complaint will be required for the leagues verification. Completed forms will go directly to B & B Committee. Clubs will be required to investigate all alleged violations and report back to B & B Committee. B & B will conduct a formal investigation after the 3rd qualified report of BIT violation.

Balanced Ice Time (B.I.T.) Concern Form

Information about the person filing the concern:

Name: _____ Coach ___ Manager ___ NWHL Rep ___

Club & Team you are associated with: _____

Daytime Phone: _____ Evening Phone: _____

Cell Phone: _____ E-mail: _____

Which BIT policy was not enforced?

_____ No Penalty Killing Lines Allowed

_____ Even Line Rotation

_____ No Power Play Lines Allowed

_____ Even Goalie Rotation

Name of Team with Infraction: _____

What Game did the infraction occur?

Date: _____ Time: _____ Rink: _____

Home: _____ Visitor: _____ Level: _____

Please explain in detail what happened at the game in question.

Email completed form to Rebecca Schultz at nwhlrebecca@yahoo.com

Attached extra sheets as needed.